

Infection-Related Perinatal Brain Injury: The Pathogenic Role of Impaired Fetal Cardiovascular Control

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There is a growing body of evidence from clinical and epidemiologic studies that in utero exposure to infection plays an important role in the genesis of fetal or neonatal injury leading to cerebral palsy and chronic lung disease. Thus, after chorioamnionitis the incidence of immature neonates with periventricular white matter damage and periventricular or intraventricular hemorrhage is significantly elevated. Recent clinical and experimental data support the hypothesis that a fetal inflammatory response links antenatal infection with brain white matter damage and subsequent motor handicap. A variety of studies support the view that cytokines released during intrauterine infection directly cause injury to the immature brain. In this review, we provide evidence that in utero exposure to bacterial infection can severely alter fetal cardiovascular function, resulting in dysregulation of cerebral blood flow and subsequent hypoxic-ischemic brain injury. (J Soc Gynecol Investig 2003;10:450-9) Copyright © 2003 by the Society for Gynecologic Investigation.

Despite improvements in perinatal medicine, the prevalence of cerebral palsy has increased over the last 2 decades,¹ and the etiology of cerebral palsy remains poorly understood. As demonstrated by a variety of recent clinical and epidemiologic studies, inflammatory reactions not only aggravate secondary neuronal damage after cerebral ischemia but might also affect the immature brain directly. Thus, after chorioamnionitis the incidence of periventricular leukomalacia and periventricular or intraventricular hemorrhage in immature newborn infants is significantly increased.²⁻⁷ Recent studies provide evidence that chorioamnionitis instigates a fetal inflammatory response and that this inflammation contributes to neonatal brain injury and subsequent cerebral palsy.^{2,6,8,9} Reports of elevated cytokine levels in both neonatal blood^{10,11} and amniotic fluid^{12,13} in children with cerebral palsy support the notion that cerebral palsy is preceded by perinatal inflammatory disease. However, the pathogenesis of infection-related neuronal and oligodendroglial cell damage remains unclear. Various experimental studies provide evidence that impaired fetal cardiovascular control during endotoxemia, resulting in sustained hypotension and loss of cerebral autoregulation, precedes hypoxic-ischemic brain injury. In this review, we first summarize the current studies on direct cytotoxic effects of endotoxins and proinflammatory cytokines on cerebral tissue. In the second part, we review the experimental data available on endotoxemia-induced alterations of the fetal

cardiovascular function and outline their significance in the pathogenesis of infection-related perinatal brain injury.

CLINICAL DATA AND DEFINITIONS

Clinical chorioamnionitis is an infection of the uterus and its contents during pregnancy. Its diagnosis is based on the presence of fever ($> 38^{\circ}\text{C}$) plus two or more of the following conditions: maternal tachycardia, fetal tachycardia, uterine tenderness, foul smelling amniotic fluid, or maternal leukocytosis.¹⁴ The incidence varies between 10% and 20%.¹⁵

Histologically, chorioamnionitis is defined by the presence of polymorphonuclear infiltrates in the placenta and its membranes. It affects 20% of term pregnancies and up to 60% of preterm pregnancies and is often an occult finding.¹⁶ Recently, Dashe and coworkers¹⁷ reported a simultaneous diagnosis of histologic chorioamnionitis in mothers with clinical chorioamnionitis in 80% of cases, whereas 20% had no histologic evidence of infection. Furthermore, Grether and Nelson⁵ observed that both clinical and histopathologic evidence of placental infection were associated with an increased risk of unexplained cerebral palsy (CP) (odds ratio [OR] 9.3, 95% confidence interval [CI] 2.7, 31 for clinical chorioamnionitis [CA]; OR 8.9, 95% CI 1.9, 40 for histologic CA). Recently, a meta-analysis evaluated the potential association between CA and CP in both full-term and preterm infants.¹⁸ The authors reported an association between clinical CA and both CP (relative risk [RR] 1.9; 95% CI 1.5, 2.5) and cystic periventricular leukomalacia (cPVL) (RR 2.6; 95% CI 1.7, 3.9).

The overall mortality rate of neonates with congenital neonatal sepsis ranges from 25% to 90% (for review see¹⁹). This wide range of results may reflect the effect of gestational age on

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the likelihood of survival. One study, which focused on infants born before 33 weeks' gestation, found that the mortality rate was 33% for infected and 17% for uninfected fetuses.²⁰ The rate of fetal or early-onset neonatal bacteremia ranged from 10% to 33%, if amniotic fluid cultures were positive but was only 4% in negative cultures.^{21,22} Thus, subclinical fetal infection is far more common than traditionally recognized.

INFECTION-RELATED PERINATAL BRAIN DAMAGE: AN OVERVIEW

A wealth of experimental studies has emerged describing the pathophysiologic mechanisms implicated in perinatal brain injury in response to hypoxia-ischemia. These mechanisms involve the acute breakdown of cerebral energy metabolism leading to the release of excitatory amino acids such as glutamate. Glutamate binds to postsynaptically located glutamate receptors that regulate calcium channels.²³ The resulting calcium influx, so-called calcium overload, activates proteases, lipases, and endonucleases which destroy the cellular skeleton.²⁴ A second wave of neuronal cell damage occurs during the reperfusion phase. This cell damage is thought to be caused by the posts ischemic release of oxygen radicals, synthesis of nitric oxide, inflammatory reactions, and an imbalance between the excitatory and inhibitory neurotransmitter systems (for review see²⁵).

Direct Neurotoxic Effects of Endotoxins and Cytokines

An increasing body of evidence shows that endotoxins and released proinflammatory cytokines may also damage the fetal brain directly, especially the periventricular white matter. Thus, animal studies provide evidence that administration of endotoxin induces increased cytokine expression in adult rat brains²⁶⁻²⁸ and in fetal hippocampal tissue.²⁹ An increase in the release of tumor necrosis factor (TNF)- α , in particular, has been thought to be associated with brain injury.³⁰ In addition, increased expression of interleukin (IL)-1 β and TNF- α mRNA has been shown in the brain of fetal rats after intraperitoneal application of lipopolysaccharide (LPS) to the dam. This was followed by minimal white matter injury.³¹ Similar observations have been described in immature rabbits after uterine infection with bacteria³² and in newborn kittens after intraperitoneal injection of LPS.³³

Because periventricular leukomalacia (PVL), the common type of fetal brain injury associated with ascending intrauterine infection, occurs well before the onset of active myelination, it has been suggested that cytokines could damage the progenitors of oligodendrocytes directly.^{4,34} In fact, the inhibitory effects of TNF- α on the proliferation of enriched oligodendrocyte progenitors and their subsequent differentiation into mature myelinating oligodendrocytes have been reported.³⁵ Moreover, it has been shown that TNF- α could compromise the growth of oligodendrocytes and the expression of mRNA for myelin basic protein (MBP) in cultures of mixed glial cells from rodent brains and could be cytotoxic at high concentrations.³⁶⁻³⁸ The combined application of TNF- α and inter-

feron (IFN)- γ severely reduced survival and inhibited differentiation of oligodendrocyte progenitors in a primary culture prepared from neonatal rats (Feldhaus B, Dietzel ID, Berger R. TNF- α induces cell death in primary cultures of oligodendrocyte progenitors [Abstract]. J Soc Gynecol Investig 2001;8:248A.). It is obvious that loss or functional alteration of these oligodendrocyte progenitors may underlie the disrupted myelination that characterizes PVL.

At present several mechanisms are known to be involved in cytokine-induced cell damage. TNF- α signals apoptosis through two membrane receptors (p60 and p80) with different cytoplasmic domains.³⁹ Activated receptors bind to a family of proteins (TRAF1-6) and to another protein (TRADD) through the death domain, which then recruits the proapoptotic caspases 8/9 to activate caspase-3 (CPP32) and possibly caspase 7 to deliver the death signal.⁴⁰ Furthermore, a sphingomyelin cycle has been identified in which the action of cytokines, such as TNF- α , results in the activation of one or more sphingomyelinases, cleavage of membrane sphingomyelin, formation of ceramide, and activation of multiple cellular and biochemical targets leading to apoptosis.^{41,42}

LPS Sensitizes the Fetal Brain to Subsequent Hypoxic-Ischemic Insults

Recently, Eklind and coworkers⁴³ sensitized the 7-day-old neonatal rat brain to hypoxic-ischemic insults by intraperitoneal injection of LPS. Moreover, it was found in neonatal rat pups that LPS applied intracisternally enhanced susceptibility to subsequent hypoxic-ischemic brain damage.⁴⁴ In adult rats brain injury was reduced when intravenous LPS was applied several days before middle cerebral artery occlusion.⁴⁵ However, the interval between the primary and secondary insult seems to be the most important variable for determining whether an alleviation or an aggravation of the final outcome occurs. Thus, sensitization of the immature fetal sheep brain to injury has been demonstrated after repeated brief episodes of cerebral hypoxia-ischemia.⁴⁶ A similar relationship may exist between LPS and hypoxia-ischemia.

IMPAIRED FETAL CARDIOVASCULAR CONTROL DURING ENDOTOXEMIA

Fetal Circulatory Redistribution Induced by Endotoxin

In addition to direct cytotoxic effects of cytokines on cerebral tissue, impaired fetal cardiovascular control during endotoxemia-bacteremia resulting in a loss of cerebral autoregulation may contribute to fetal brain injury (Figure 1). LPS, an endotoxin extracted from the cell wall of Gram-negative bacteria, seems to have a major effect on the pathophysiology of infection-related perinatal brain injury. The effects of systemically administered LPS on fetal cardiovascular function have been studied in various animal models. In chronically instrumented fetal sheep (0.7 gestation) intravenous injection of LPS (*Escherichia coli*; O127:B8, Sigma-Aldrich, Deisenhofen, Germany; $53 \pm 3 \mu\text{g}$ per kg fetal body weight; bolus injection over 2

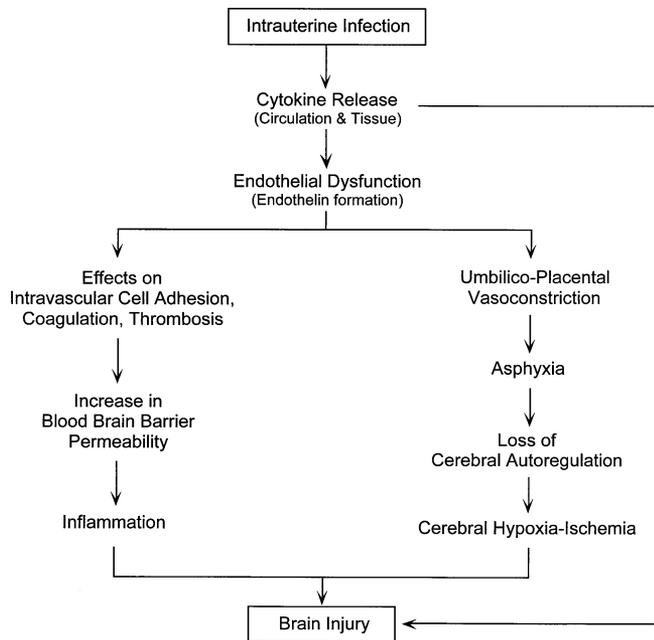


Figure 1. Potential mechanisms linking intrauterine infection and brain injury.

minutes) severely decreased placental blood flow within 1 hour, whereas blood flow to the peripheral organs, eg, to the carcass, increased.⁴⁷ During a short period of superimposed asphyxia in utero, there was clear evidence of circulatory decentralization; ie, both placental blood flow and cerebral oxygen delivery were nearly arrested, whereas hyperperfusion of peripheral organs, eg, liver, lungs, gastrointestinal tract, and carcass, occurred (Figure 2). Because the umbilical and placental vessels lack autonomic innervation,⁴⁸ the regulation of umbilical and placental blood flow must depend on circulating or locally released vasoactive substances (for review see^{49,50}). In fetal sheep the placental microcirculation is remarkably unresponsive to many vasoconstrictors, including norepinephrine and angiotensin II, whereas the umbilical artery and vein are more responsive to vasoactive substances.^{51,52} The decrease in placental blood flow was accompanied by sustained hypotension, hypoxemia, and mixed acidosis causing dysregulation of cerebral blood flow.

During endotoxemia there was no increase in blood flow to the brain, although oxygen saturation decreased by 50%.⁴⁷ This finding is surprising, because an inverse relationship between cerebral blood flow and arterial oxygen content has been described in term as well as in preterm fetal sheep.^{53,54} One possible explanation for this phenomenon may be that the physiologic mechanisms mediating the response of cerebral blood flow to hypoxia are altered by LPS, leading to a loss of cerebral autoregulation. Furthermore, LPS-treated fetuses suffered from severe hypotension during the recovery period after hypoxia, which was accompanied by a 50% reduction in brain blood flow compared with control fetuses.⁴⁷ At mean arterial blood pressures below 25–30 mmHg there is a reduction in cerebral blood flow because of an increasing loss of cerebral

autoregulation. This reduction affects the parasagittal region of the cerebrum and the white matter in particular.

It is well-established that hypoxic-ischemic brain injury occurs under such circumstances. Thus, Rees and coworkers⁵⁵ studied the effects of hypoxemia caused by restriction of umbilicoplacental blood flow on various brain structures in mid-gestation fetal sheep. A reduction of fetal arterial oxygen content by approximately 50% for 6 or 12 hours resulted in prominent white matter injury as well as subcortical gray matter damage to the striatum, thalamus, and hippocampus. Moreover, the same group investigated the effects of reduced uterine blood flow on neuropathologic outcome in near-mid-gestation fetal sheep. Lowering fetal arterial oxygen saturation by 50–60% for 12 hours caused white matter injury and reduced neuronal cell count in the hippocampus, cerebellum, and cerebral cortex. They also found an increased number of astrocytes in the ventral hippocampi 35 days later.⁵⁶ Similar findings were described after sustained maternal hypoxemia.⁵⁷ In addition, hemorrhagic hypotension in 113-day-old fetal sheep was reported to induce PVL-like lesions with areas of coagulation necrosis and accumulation of activated microglia.⁵⁸ A recent study showed that a severe hypoxic period of 25 minutes, brought about by occlusion of the umbilical cord, is sufficient to cause white matter damage in fetal sheep at 90–93 days' gestation. Thus, there is convincing evidence that hypoxic insults, as observed after bolus injection of LPS in preterm fetal sheep,⁴⁷ may result in brain damage.

In contrast to the findings in immature fetal sheep, mature fetuses appear to be less sensitive to endotoxin administered systemically. It was demonstrated that intravenous LPS (*E coli*; 50 µg/kg fetal body weight; bolus injection over 2 minutes) treatment compromised fetal cardiovascular control during and shortly after in utero asphyxia.⁵⁹ After injection of endotoxin there were increases in arterial blood pressure, as well as in concentrations of hemoglobin, glucose, lactate, catecholamines, vasopressin, and angiotensin II and a decrease in base excess and granulocyte counts; however, both arterial oxygen saturation and oxygen tension remained unchanged. Blood flow to the brain, placenta, and carcass decreased, whereas that to the lungs, heart, pituitary gland, gastrointestinal tract, pancreas, and liver increased. During asphyxia, blood flow to the brain did not increase, thus circulatory centralization was impaired. However, in contrast to immature fetuses, all these changes occurred transiently and recovered partially within 1 hour.⁵⁹

Chronic LPS Exposure

Recently, the effects of low-dose LPS-treatment on cardiovascular control were studied in 0.7 gestation fetal sheep. Intravenous application of LPS to the fetus (*E coli*; O127:B8, Sigma-Aldrich; 100 ng/kg fetal body weight; bolus injection over 2 minutes) caused a substantial and long-lasting decrease in umbilical blood flow resulting in sustained fetal hypoxemia without acidemia (Garnier Y, Coumans ABC, Vaihinger HM, et al. Low dose endotoxin (LPS) results in substantial umbilicoplacental vasoconstriction and discrete neuropathological

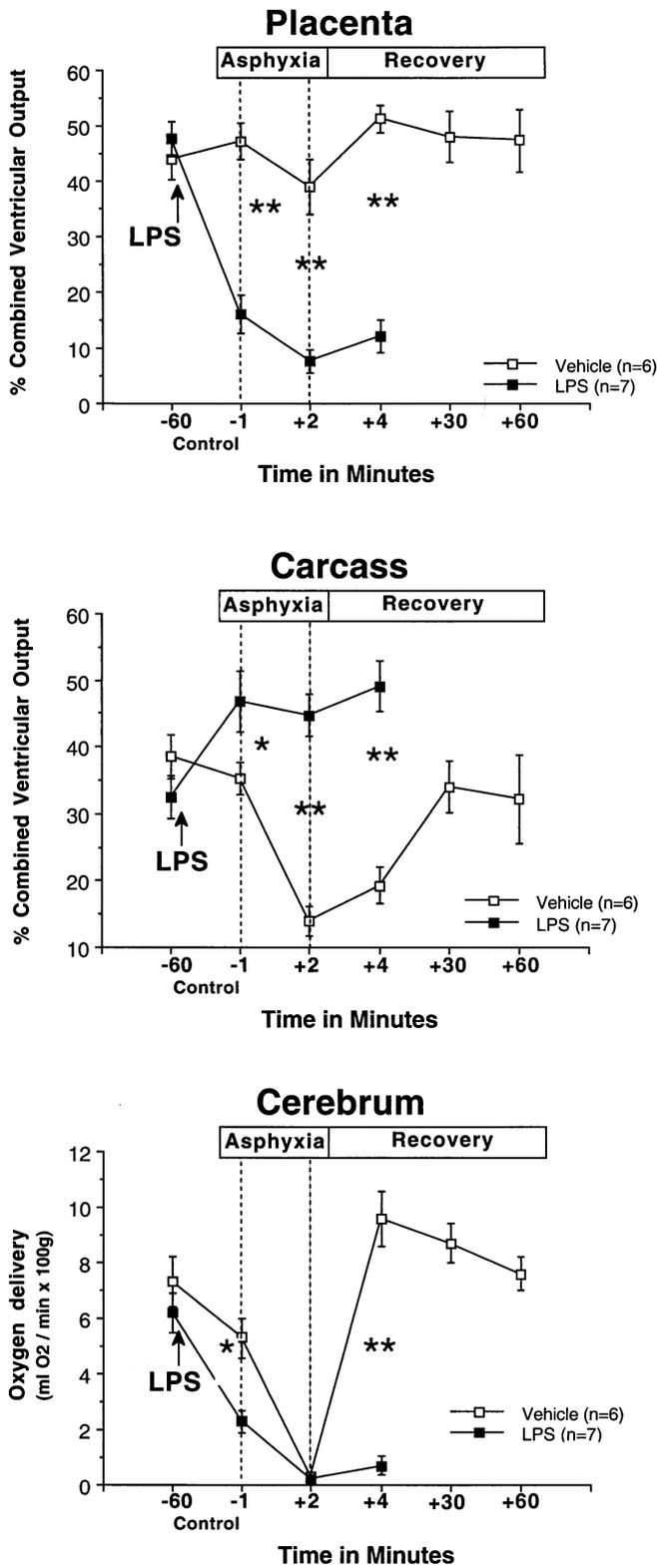


Figure 2. Endotoxin-induced fetal circulatory redistribution. Combined ventricular output directed to the placenta and carcass in control ($n = 6$) and LPS-treated ($n = 7$) chronically catheterized immature fetal sheep before, during, and after arrest of uterine blood flow for 2 minutes.⁴⁷ In relation to vehicle-treated controls, intravenous administration of LPS (*E coli*; 53 $\mu\text{g}/\text{kg}$) severely decreased the percentage of combined ventricular output directed to the placenta but significantly increased that directed to the carcass. During arrest of uterine blood flow, the portion distributed to the carcass remained elevated in fetuses of the study group. Moreover, autoregulation of cerebral blood flow was severely impaired causing an arrest of cerebral oxygen delivery. Within 60 minutes of induction of asphyxia, five of seven LPS-treated fetuses died, whereas control fetuses completely recovered during this period. Values are given as means \pm standard error of the mean. The data were analyzed within and between groups using a two-way analysis of variance followed by Games-Howell post-hoc test (* $P < .05$, ** $P < .01$).

changes in preterm sheep [Abstract]. J Soc Gynecol Investig 2002;9:72A-73A). Placental blood flow began to decrease 1 hour after LPS injection and was lowest (-40%) at 4-5 hours after LPS, whereas placental vascular resistance increased by 75% during this period. Thereafter, placental blood flow slowly returned to control values at 12-16 hours after LPS application. Both fetal heart rate and mean arterial blood pressure increased at 4-5 hours after LPS infusion and remained elevated for the following 12 hours. Histopathologic examination revealed an increase in the periventricular white matter cell count, accompanied by intense and uniform nuclear staining and chromatin condensation with karyorrhexis in response to systemically administered LPS. Electron micrographs showed characteristic chromatin condensation and segregation, extracellular apoptotic bodies, and cell fragments phagocytosed in macrophages in the periventricular white matter.

Harding and coworkers studied the effects of sublethal doses of LPS on both cerebral and placental blood flow in the chronically prepared preterm ovine fetus (Cock ML, Dalitz PA, Harding R. Placental blood flow following endotoxin administration in the preterm ovine fetus [Abstract]. J Soc Gynecol Investig 2002;9:191A) (Dalitz PA, Cock ML, Rees S, Harding R. Cerebral blood flow and oxygen delivery following endotoxin exposure in the preterm ovine fetus [Abstract]. J Soc Gynecol Investig 2002;9:120A). Endotoxemia impaired fetal oxygenation transiently and caused acidemia by reducing umbilicoplacental blood flow. In the presence of hypoxemia, a prolonged decrease in oxygen delivery to the brain of approximately 40% was observed. Thus, mechanisms that normally increase fetal cerebral blood flow in the presence of hypoxemia are apparently impaired after systemic LPS exposure.

Furthermore, they investigated the effects of systemically applied endotoxin on the perinatal brain in the preterm ovine fetus. In response to LPS injection, the fetuses suffered from hypoxemia, acidemia, and hypotension for several hours.⁶⁰ With increasing numbers of LPS injections, the changes in hemodynamic variables became less and less pronounced, whereas white matter injury was present 10-11 days after the initial LPS injection. Injury was most prominent in the cerebral white matter and ranged from diffuse subcortical damage

to focal periventricular leukomalacia, which is typical of white matter injury in preterm fetuses. Most recently, Mallard and coworkers⁶¹ compared neuropathologic findings in response to intrauterine exposure to asphyxia or endotoxemia in midgestation fetal sheep. Both experimental paradigms resulted in white matter damage and inflammation. However, whereas LPS treatment resulted in selective white matter injury and regional infiltrates of inflammatory cells, injury after severe asphyxia involved cortical gray matter and was associated with microglial activation.

PATHOGENESIS OF IMPAIRED FETAL CARDIOVASCULAR CONTROL DURING ENDOTOXEMIA

A hallmark of endotoxemia and sepsis is the heterogeneous pattern of vasoconstriction and vasodilation in different organs, culminating in a decrease in total peripheral vascular resistance concomitant with regional maldistribution of blood flow. These changes in the distribution of cardiac output are most likely caused by vasoactive substances, eg, nitric oxide (NO), prostacyclin, angiotensin-converting enzyme activity, endothelin, and adrenomedullin, which are released from the endothelium under experimental septic conditions. In this context we will discuss the role of two important vasoactive agents, NO and endothelin, in the endotoxin-mediated alterations of fetal cardiovascular control.

The Pivotal Role of Nitric Oxide in Fetal Cardiovascular Control During Normoxia and Hypoxia

Nitric oxide is known to be a potent mediator in the regulation of resting tone in cerebral, renal, mesenteric, and hind-quarter vascular beds and hence in blood pressure homeostasis in adults.⁶² It has also been suggested that NO contributes to cardiovascular control during hypoxia in adults and fetal sheep.⁶²⁻⁶⁵ There is also evidence that NO might, in part, mediate the fetal circulatory centralization that occurs during partial cord occlusion.⁶⁶ This cardiovascular response to reduced oxygen supply is a crucial mechanism that protects the fetal brain from neuronal injury by increasing cerebral blood flow during hypoxia. Furthermore, NO is an important vasodilator in the cerebral circulation, and developmental changes in nitric oxide synthase (NOS) production may contribute to developmental changes in hypoxic cerebral vasodilation.⁶⁴ In fetal sheep, endothelial NOS is already present in blood vessels by 0.4 gestation.⁶⁷ Moreover, cortical NOS catalytic activity increases threefold between 0.6 and 0.9 gestation.⁶⁸

Green and coworkers⁶³ elegantly demonstrated the central role of NO in maintaining fetal cardiovascular function during normoxia and hypoxia. In term fetal sheep, intravenous application of the NOS inhibitor N^ω-nitro-L-arginine methyl ester (L-NAME) resulted in bradycardia and decreased carotid blood flow. This decreased flow was accompanied by transient hypertension and an increase in both carotid and femoral vascular resistance. During intrauterine exposure to hypoxia the magnitude of the subsequent chemoreflex bradycardia was

reduced after L-NAME treatment, and the well-known rebound tachycardia during recovery was absent with NOS inhibition.⁶³ Moreover, NOS inhibition blunted the increase in carotid blood flow and the decrease in carotid vascular resistance during hypoxia. Because there were no significant differences in mean arterial pressure between control and L-NAME-infused groups during hypoxia, it is thought that NO mediates vasodilation of the carotid vascular bed during hypoxia in the fetus.

Smolich⁶⁹ investigated the effects of NO on the redistribution of fetal blood flow between body and placenta, as well as oxygen extraction and oxygen consumption. In term fetal sheep, NOS inhibition redistributed systemic blood flow toward the placenta and increased fetal body oxygen extraction. The latter initially increased whole-body oxygen consumption and maintained it near baseline levels after a decrease in placental perfusion. The effects of NOS inhibition on blood flow distribution were further investigated during hypoxia in the chronically prepared preterm ovine fetus.⁷⁰ (J Soc Gynecol Investig 2001;8:105A). Under normoxic conditions, L-NAME infusion decreased blood flow to the fetal body and to the placenta by more than 60%. During a short period of superimposed acute hypoxia, L-NAME did not change the redistribution of cardiac output toward the central organs. However, the control of fetal heart rate and blood pressure was altered in L-NAME-treated animals. After hypoxia L-NAME delayed the recovery of cardiac output and blunted the increase in blood flow to the brain and heart. Thus, NO plays an essential role in fetal cardiovascular control during normoxia and acute hypoxia.

Nitric Oxide as a Mediator of Fetal Circulatory Shock

During endotoxemia, enhanced formation of NO contributes to the acute and delayed therapy-resistant decrease in blood pressure and the vascular hyporeactivity that develops in response to endogenous and exogenous catecholamines in adults. For instance, in anesthetized adult rats, LPS administration triggers the release of NO, resulting in a decrease in blood pressure and reduced responsiveness to intravenously applied vasoconstrictors.^{71,72} Enhanced formation of NO after activation of the constitutive isoform of NOS present in endothelial cells mediates the immediate release of NO in response to LPS. Longer periods of endotoxemia are associated with the formation of cytokine-inducible NOS in many cells and organs, including the vessel wall. The enhanced generation of NO resulting from cytokine- or endotoxin-related induction of inducible NOS contributes to inappropriate vasodilation, delayed hyporeactivity to adrenergic agonists, and peripheral vascular failure associated with endotoxic shock.⁷¹⁻⁷³

Glucocorticoids, which are potent inhibitors of the induction of NOS as well as of cyclo-oxygenase-2, protect against cardiovascular failure in septic and hemorrhagic shock.⁷⁴ Adrenalectomized animals, lacking endogenous glucocorticoids, develop a more severe form of circulatory shock in response to LPS, which can be prevented by pretreatment with exogenous

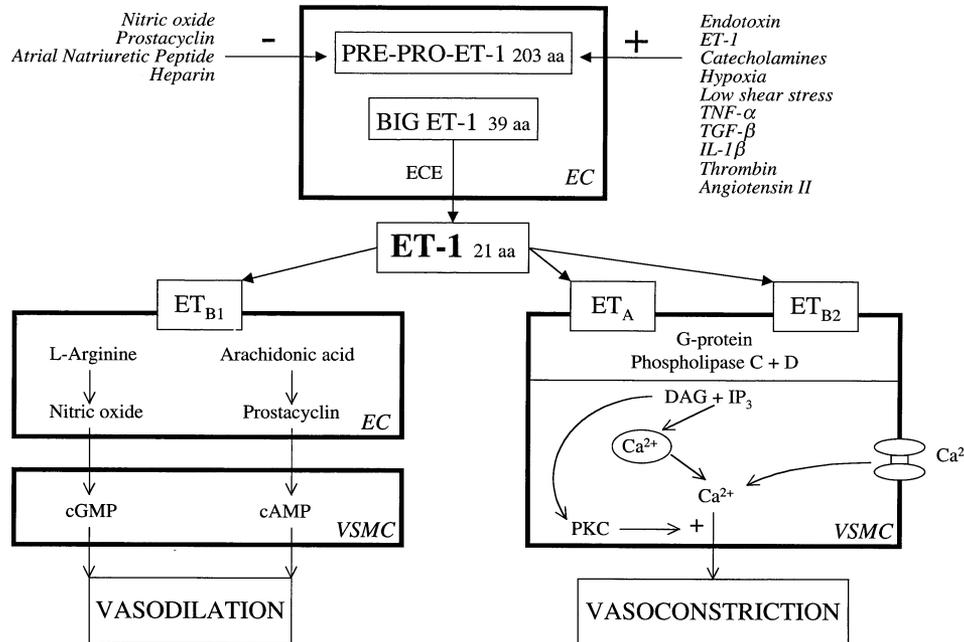


Figure 3. Brief schematic overview of the endothelin system. ET-1 is produced from a prepropeptide, which is proteolytically cleaved to big ET-1. Big ET-1 is subsequently converted to ET-1 by the metalloprotease ECE-1, which is essential for its biologic activity. ET-1 is released in response to several stimuli, including hypoxia, endotoxemia, cytokines, increased pressure, and shear stress. In response to these stimuli, ET-1 has vasodilating and vasoconstricting effects, which are mediated through two receptor subtypes, ET_A and ET_B. ET_A receptors and a small subpopulation of ET_{B2} receptors of vascular smooth muscle cells mediate vasoconstriction. A larger subpopulation of ET_{B1} receptors is located on vascular endothelial cells and is responsible for the vasodilating effects, mediated by nitric oxide-production. aa = amino acid; cAMP = cyclic adenosine monophosphate; cGMP = cyclic guanosine monophosphate; DAG = diacylglycerol; EC = endothelial cell; ECE = endothelin-converting enzyme; IP₃ = inositol triphosphate; PKC = protein kinase C; VSMC = vascular smooth muscle cell.

glucocorticosteroids. Attenuation of the induction of NOS by endogenous glucocorticosteroids accounts for endotoxin tolerance.⁷⁵ However, most of these studies were performed in adult animals, and their significance for the fetal circulation has not yet been established.

The Role of Endothelin-1 During Endotoxemia

In addition to the relaxing factors prostacyclin and NO, the vascular endothelium synthesizes the 21-amino-acid peptide, endothelin-1 (ET-1). ET-1 is produced from a prepropeptide, which is proteolytically cleaved to big ET-1⁷⁶ (Figure 3). Big ET-1 is subsequently converted to ET-1 by the metalloprotease, endothelin-converting enzyme-1 (ECE-1).⁷⁷ The conversion of big ET-1 to ET-1 is essential for its biological activity, because the pressor action of big ET-1 is almost completely abolished by inhibition of ECE-1.⁷⁸ ET-1 is the most active pressor substance yet discovered, with a potency some ten times that of angiotensin II.⁷⁹

ET-1 is released in response to several stimuli, including hypoxia,^{80,81} endotoxemia,^{82,83} increased pressure,⁸⁴ and shear stress.⁸⁵ In response to these stimuli, ET-1 causes both acute responses, such as vasodilation and vasoconstriction, as well as chronic changes, such as smooth muscle proliferation. The vascular responses to ET-1 vary during development in fetal and neonatal sheep, and these effects are vascular-bed specific.

Thus, ET-1-induced vasoconstriction increases with gestational age in femoral, middle cerebral, and renal arteries but not in adrenal arteries.⁸⁶ These hemodynamic effects are mediated through two receptor subtypes, ET_A and ET_B. ET_A receptors and a small subpopulation of ET_B receptors of vascular smooth muscle cells mediate vasoconstriction. A larger subpopulation of ET_B receptors is located on vascular endothelial cells and are responsible for the vasodilating effects, mediated by NO-production.⁸⁷

Among the pathophysiologic conditions known to involve the endothelin system, sepsis produces the highest plasma levels of ET-1.⁸⁸ The possible involvement of the endothelin system in human septic shock is further supported by a correlation between endothelin plasma levels and morbidity and mortality in septic patients.⁸⁹⁻⁹¹ Experimentally, endotoxin induces the expression of prepro ET-1 mRNA in various organs,⁴⁹ and elevated plasma ET-1 levels are seen in various species during endotoxemia.^{92,93} Infusion of ET-1 to humans causes cardiovascular changes resembling, in part, those during sepsis, ie, decreased cardiac output and vasoconstriction in the pulmonary, splanchnic, and renal circulation.^{94,95} Bacterial endotoxin and septic conditions increase ET-1 concentrations in fetal umbilical arterial plasma more than fivefold in both pigs and humans, reaching levels close to threshold vasoconstriction.⁹⁶ Other proinflammatory agents, such as IL-1, TNF- α , and transforming growth factor- β , which are released during

endotoxemia, also increase the production of ET-1 from endothelial cells. In fetal sheep ET-1 causes both constriction of the fetoplacental microcirculation and a decrease in fetal oxygen consumption.⁹⁷ Prolonged alterations of placental gas exchange are known to induce fetal cardiovascular dysfunction with subsequent arterial hypotension and cerebral hypoperfusion. It is therefore quite conceivable that ET-1-induced effects on the placental vascular bed could finally result in hypoxic-ischemic fetal brain damage.

Another mechanism by which endothelin could affect fetal cardiovascular control during endotoxemia could be through its pronounced effects on pulmonary circulation.⁸³ The pathophysiology includes a characteristic biphasic increase in mean pulmonary artery pressure and the pulmonary vascular resistance index and is thought to involve different mediators, including cytokines, which lead to increased expression of adhesion molecules, leukocyte activation, and endothelial damage resulting in endothelial edema, vascular obliteration, and vasoconstriction.⁹⁸ The involvement of both the cyclooxygenase pathway in the early phase and the endothelin system in the late phase of endotoxin-induced pulmonary hypertension has been shown, and unselective as well as selective endothelin ET_A receptor antagonism can counteract the late changes in the experimental setting.^{99,100} In contrast, intrauterine exposure to systemically applied endotoxin decreased pulmonary vascular resistance and increased lung perfusion in fetal sheep.⁴⁷ Although ET-1 produces systemic vasoconstriction, its effects on the pulmonary circulation vary with age and vascular tone.¹⁰¹⁻¹⁰³ In the lung of the fetal lamb, the ET_B receptor is highly expressed. ET-1 activates the ET_B receptor, which stimulates endothelial NOS activity and NO production, mediating vascular smooth muscle relaxation and pulmonary vasodilation.¹⁰⁴ In fact, pulmonary vasodilation has been described after exposure to NO, a substance that is produced in large amounts after LPS application. These observations warrant further experiments investigating the effects of LPS on pulmonary vascular control.

Apart from its profound cardiovascular effects, there are several mechanisms by which ET-1 may contribute to the pathophysiology of sepsis, endotoxemia, and consequent perinatal brain injury. It was shown that ET-1 activates neutrophilic leukocytes and enhances expression of vascular cell adhesion molecule, thereby promoting adhesion of leukocytes to the vascular endothelium.¹⁰⁵ Furthermore, ET-1 has been shown to induce the production of reactive oxygen species, which are fundamental mediators in the development of endotoxic shock.¹⁰⁶ Moreover, ET-1 affects the endothelial barrier as it produces a dose-dependent increase in permeability to protein and extravasation of albumin with concomitant hemoconcentration.¹⁰⁴ Endothelins have also been shown to cause mitochondrial damage in several organ systems, a possible mechanism underlying the cytopathic hypoxia seen in sepsis.¹⁰⁷ ET-1 was shown to delay the clearance of *E coli* bacteria from the circulation and to increase the colonization of several vital organs, reflecting a reduction in bacterial killing function.¹⁰⁸ Therefore, the endothelin system may contribute

to infection-associated perinatal brain injury not only by marked changes in organ perfusion but also by other deleterious mechanisms.

CONCLUSION

It is obvious from recent clinical and epidemiologic studies that in utero exposure to bacterial infection increases the incidence of periventricular leukomalacia and periventricular or intraventricular hemorrhage in immature newborn infants. Recent data provide evidence that chorioamnionitis gives rise to a fetal inflammatory response and that this inflammation contributes to neonatal brain injury and subsequent cerebral palsy. Endotoxemia and systemic inflammation induce rapid and profound changes in endothelial function. From the experimental data available, it is evident that intrauterine exposure to infection severely alters fetal cardiovascular control, which contributes to hypoxic-ischemic brain injury, especially in the periventricular white matter. During endotoxemia, enhanced NO formation contributes to inappropriate vasodilation, delayed hyporeactivity to adrenergic agonists, and peripheral vascular failure associated with endotoxic shock. In addition to relaxing factors, the vascular endothelium releases ET-1 in response to endotoxemia and hypoxia. Among the pathophysiologic conditions known to involve the endothelin system, endotoxemia produces the highest plasma levels of ET-1.

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